

Paul Limmer Invitational - 4/18/2015
HS Mepham , Bellmore, NY

Varsity Girls Distance Medley Relay Scramble

Team	Time	Pts
1 Mepham B	15:17.5h	10
2 Mepham A	15:39.2h	8
3 Mepham C	16:23.0h	6

Varsity Girls 1600 Meter Sprint Medley Relay

Team	Time	Pts
1 Clarke A	4:43.3h	10
2 Mepham	4:44.2h	8
3 Jfk Bellmore A	4:45.5h	6
4 VS South	4:54.3h	5
5 MacArthur	5:13.2h	4
6 Lawrence B	5:17.9h	3
7 Mepham	5:19.2h	2
8 Jfk Bellmore	5:27.2h	1
9 Clarke	5:33.2h	
10 Jfk Bellmore B	5:35.8h	
11 Clarke B	5:39.0h	
12 VS South B	5:46.7h	
13 Lawrence A	5:47.7h	
14 Jfk Bellmore C	5:49.9h	
15 Floral Park	6:18.5h	
DQ VS South A	NT	

Varsity Girls Shuttle Hurdle Relay

Team	Time	Wind	Pts
DQ Mepham	NT	NWI	

Varsity Girls 3000 Meter Run

Name	Yr Team	Time	Pts
1 Carissa Kahn	10 Mepham	11:50.90	*

Varsity Girls 4x100 Meter Relay

Team	Time	Pts
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Team	Time	Pts
1 VS South A	56.50	10
2 Mepham A	57.50	8
3 MacArthur	59.00	6
4 Jfk Bellmore A	59.90	5
5 Mepham C	1:01.40	4
6 Clarke A	1:02.40	3
7 Mepham B	1:02.50	2
8 Jfk Bellmore C	1:02.70	1
9 VS South B	1:07.40	
10 Jfk Bellmore D	1:07.50	
11 Jfk Bellmore B	1:07.60	
12 Floral Park	1:08.50	
13 Lawrence	1:08.60	
DQ Clarke B	NT	
DNF Mepham D		NT

Varsity Girls 4x800 Meter Relay

Team	Time	Pts
1 Mepham	10:50.60	10
2 Floral Park	10:54.40	8
3 Jfk Bellmore	13:13.20	6

Frosh/Soph Girls 4x400 Meter Relay

Team	Time	Pts
1 Lawrence	4:48.20	10
2 Mepham A	5:03.10	8
3 Clarke	5:13.90	6
4 Mepham B	5:14.60	5

Varsity Girls 4x400 Meter Relay

Team	Time	Pts
1 Mepham	4:32.90	10
2 Jfk Bellmore	4:47.10	8
3 Clarke	4:55.30	6
4 Floral Park	5:10.08	5

Varsity Girls Long Jump

Name	Yr Team	Mark	Wind	Pts
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1	Jessica Bilbro	Lawrence	14-04.75	NWI	*
2	Taylor O'Brien	11 Mephram	13-07.00	NWI	*
3	Cayla Conley	10 Jfk Bellmore	12-05.05	NWI	*
4	Brianna Isola	11 Mephram	12-04.00	NWI	*
5	Lauren Gunther	11 MacArthur	12-03.00	NWI	*
6	Jenna Greenwald	Jfk Bellmore	11-10.00	NWI	*
7	Kristina Lane	10 Mephram	11-09.00	NWI	*
7	Emma Wasson	10 Mephram	11-09.00	NWI	
9	Grace Afflerbach	12 Floral Park	11-03.00	NWI	*
10	Olivia Consolazio	12 Floral Park	10-02.00	NWI	*
11	Katherine Cameron	10 Lawrence	9-11.00	NWI	*

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Team	Mark	Pts	
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1	Mephram	37-08.00	10
2	Lawrence	24-03.75	8
3	Jfk Bellmore	24-03.05	6
4	Floral Park	21-05.00	5
5	MacArthur	12-03.00	4

Varsity Girls Triple Jump

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Name	Yr	Team	Mark	Wind	Pts

1	Sarah Morgan	11 Floral Park	31-07.00	NWI	*
2	Emily Amato	10 Mephram	28-08.00	NWI	*
3	Kelsey Blake	11 Mephram	27-04.00	NWI	*
4	Brianna Isola	11 Mephram	26-01.00	NWI	*
5	Grace Afflerbach	12 Floral Park	25-04.00	NWI	*
6	Olivia Consolazio	12 Floral Park	22-10.00	NWI	*

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Team	Mark	Pts	
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1	Mephram	82-01.00	10
2	Floral Park	79-09.00	8

Varsity Girls High Jump

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Name	Yr	Team	Mark	Pts

1	Eliza Liriano	11 Mephram	4-04.00	*
2	Jenna Greenwald	Jfk Bellmore	4-02.00	*
NH	Emily Shipley	11 Mephram	NH	

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Team	Mark	Pts	
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1	Mephram	4-04.00	10
2	Jfk Bellmore	4-02.00	8

Varsity Girls Shot Put

Name	Yr Team	Mark	Pts
1 Danielle Valentino	12 Mepham	26-07.50	*
2 Cameron Costanzo	11 Jfk Bellmore	26-03.50	*
3 Jasmine Sultan	11 Mepham	25-11.50	*
4 Danielle Zangrillo	MacArthur	24-08.75	*
5 Amanda Guariglia	10 VS South	22-03.00	*
6 Joanna Weller	11 Mepham	21-07.75	*
7 Ariyana Briganti	11 Floral Park	21-06.75	*
8 Angeline Ali	10 VS South	19-10.00	*
9 Raquel Agudelo	10 Floral Park	19-09.50	*
10 Nhajee Morris	11 VS South	19-09.00	*
11 Gabriela Centurion	10 VS South	18-04.25	
12 Jacqueline Rofe	11 Mepham	16-09.00	

Team	Mark	Pts
1 Mepham	74-02.75	10
2 VS South	61-10.00	8
3 Floral Park	41-04.25	6
4 Jfk Bellmore	26-03.50	5
5 MacArthur	24-08.75	4

Varsity Girls Discus Throw

Name	Yr Team	Mark	Pts
1 Danielle Valentino	12 Mepham	96-02	*
2 Jasmine Sultan	11 Mepham	84-01	*
3 Joanna Weller	11 Mepham	63-01	*
4 Ariana Brigati	Floral Park	61-02	*
5 Cameron Costanzo	11 Jfk Bellmore	57-00	*
6 Gabriela Centurion	10 VS South	54-05	*
7 Kayra St.	10 VS South	50-11	*
8 Angeline Ali	10 VS South	49-01	*
9 Gabby Peterelli	11 Jfk Bellmore	48-11	*
10 Jacqueline Rofe	11 Mepham	48-00	
11 Jillian Axelrod	11 Jfk Bellmore	43-10	*
12 Raquel Aguidilo	Floral Park	42-09	*
13 Nhajee Morris	11 VS South	35-04	

Team	Mark	Pts
1 Mepham	243-04	10
2 VS South	154-05	8

3 Jfk Bellmore	149-09	6
4 Floral Park	103-11	5

Varsity Girls Team Scores (13 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Thr	Jmp	Oth
1 Mephram	131	0	0	0	81	20	30	0
2 Jfk Bellmore	52	0	0	0	27	11	14	0
3 Floral Park	37	0	0	0	13	11	13	0
4 VS South	31	0	0	0	15	16	0	0
5 Clarke	25	0	0	0	25	0	0	0
6 Lawrence	21	0	0	0	13	0	8	0
7 MacArthur	18	0	0	0	10	4	4	0